Mental Health First Aid (MHFA)

Anyone, anywhere can be the one to make a difference in the life of someone with a mental health or substance abuse challenge – if they know what to do and what to say.

Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illnesses and substance abuse in your community.

Friday, February 14, 2020
8am to 5pm

Training held at THMA Conference Room 1

784 High Street
San Luis Obispo, CA 93401

Registration for this training is required. For more information and to RSVP contact Victoria Meredith vmeredith@t-mha.org (805) 540-6586

Participants required to attend entire course to receive course certification.
This course has a value of $50.00 per participant.